


# Policy for



## Sex and Relationships Education

Review Cycle:-	Two yearly	Date of Next Review:-	June 2018
Approver:-  Chair of Governors	Signed:-   Date:- June 2016	Approver:-  Head Teacher	Signed:-   Date:- 2016

## Introduction

At Knights Enham Nursery and Infant School the Governors and staff agree that Sex and Relationships Education is taught in accordance with the DfES guidance document Sex and Relationship Education Guidance. Our policy and practice of Sex and Relationships Education (SRE) reflects the Hampshire Children's Trust policy published in November 2010.

## Aims and Objectives

The teaching of SRE is supportive and complementary to the role of parents. It shows regard to parents' views when expressed about its content and presentation. We are well aware that the primary role in children's sex and relationships education lies with parents and carers.

We understand SRE to include; learning about physical, moral and emotional development; understanding the importance of family life, stable and loving relationships, marriage, respect, love, care and diversity. SRE leads to the acquisition of attitudes, which prepare the child to view their relationships in a responsible, healthy manner and encourages pupils to have due regard to moral considerations and the value of family life.

Children's questions are answered sensitively. Due consideration is given to the young age of our pupils and any particular religious or cultural factors, and to parents' wishes.

## The curriculum

At Knights Enham Nursery and Infant School's Early Years Curriculum children, in the areas 'Making Relationships, Managing Feelings and Behaviour, Health and Self-care, People and Communities and The World children are taught;

- to play co-operatively, taking turns with others
- to show sensitivity to others' needs, feelings, and form positive relationships with adults and other children
- to say when they do or do not need help
- to talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable
- to work as part of a group or class, and understand and follow the rules
- to know the importance for good health of physical exercises, and a healthy diet, and talk about ways to keep healthy and safe
- to manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently
- to talk about past and present events in their own lives and in the lives of family members
- to know about similarities and differences between themselves and others, and among families, communities and traditions
- to know about similarities and differences in relation to places, objects, materials and living things
- to make observations of animals and plants and explain why some things occur, and talk about changes.

For KS1 the majority of our SRE is taught as an integral part of the National Curriculum Science Programme of Study. This states that children should be introduced to

- the basic needs of animals for survival, as well as the importance of exercise and nutrition for humans
- the processes of reproduction and growth in animals
- questions that help to recognise growth ( they should not be expected to understand how reproduction occurs) The following examples might be used: egg, chick, chicken; egg, caterpillar, pupa, butterfly; spawn, tadpole, frog; lamb, sheep. Growing into adults can include reference to baby, toddler, child, teenager, adult.
- first-hand observation and measurement; how different animals, including humans, grow
- the things animals need for survival and what humans need to stay healthy

The children are also taught, as part of our non-statutory Personal Social Emotional Development (PSED) framework, the following elements;

- know that humans develop at different rates, and that human babies have special needs
- understand there are differences between male and female
- understand and be aware of personal safety, and begin to develop simple skills and practices to maintain personal safety.
- appreciate ways in which people learn to live and work together; listening, discussing and sharing
- know that there are different types of family and be able to describe the roles of individuals within the family
- know about the rituals associated with birth, marriage, and death, and be able to talk about the emotions involved
- understand the idea of growing old
- understand the importance of valuing oneself and others
- begin to recognise the range of human emotions, and ways to deal with them
- begin to be able to co-operate with others in work and play

SRE is taught primarily by class teachers, whom the children have established respectful relationships with. Teachers deliver engaging, challenging lesson based on the school's Science and PSED Curriculum map which ensures full coverage of the curriculum and appropriate progression for each year group. Children will be taught through a variety of activities such as discussion, circle-time, visiting speakers, group work and whole class.